

# 2020 FALL Jr PROGRAM

**Session 1: 6 Weeks/12 Classes**  
August 24<sup>th</sup> – October 1<sup>st</sup>

**Session 2: 4 Weeks/8 Classes**  
October 5<sup>th</sup> – October 29<sup>th</sup>

**Session 3: 3 Weeks/6 Classes**  
November 2<sup>nd</sup> – November 19<sup>th</sup>  
*\*\*No classes Thanksgiving week Nov 23-26\*\**

**Session 4: 3 Weeks/6 Classes**  
November 30<sup>th</sup> – December 17<sup>th</sup>

*Dalcones*  
COUNTRY CLUB  
TENNIS ACADEMY

## Future Stars

Mon/Wed or T/Th 3:30-4:30

6-8 Years Old

Students will learn through the USTA quick-start method. Focus is on developing hand eye coordination, tracking, and footwork skills. Lots of games, stroke production, and introduction to playing the game.

### **6 Week Sessions (Session 1):**

\$144.00 Members/ \$204.00 Non-Members

### **4 Week Sessions : (Session 2)**

\$96.00 Members/ \$136.00 Non-Members

### **3 Week Sessions : (Sessions 3 & 4)**

\$72.00 Members/ \$102.00 Non-Members

**10% Sibling  
Discount**

## Next Gen I

Mon/Wed or T/Th 4:30-5:30

9-13 Years Old

Students will learn by a combination of biomechanics stroke production and live ball point play. Kids will be introduced to competition and will learn to love the game!

## Grinders (Private Lessons Recommended)

Mon/Wed or T/Th 4:30-5:30

9-13 Years Old

For students who are starting to compete in CATA/Challenger beginner tournaments.

### **6 Week Sessions (Session 1):**

\$180.00 Members/ \$240.00 Non-Members

### **4 Week Sessions : (Session 2)**

\$120.00 Members/ \$160.00 Non-Members

### **3 Week Sessions : (Sessions 3 & 4)**

\$90.00 Members/ \$120.00 Non-Members

## High Performance

Mon/Wed/Thur (any two days) 5:30-7:00

11-18 Years Old

For USTA tournament players who want to take their game to the next level. Players **MUST** have USTA Jr ranking to be eligible for this class. High intensity drills, fitness, strategy, and mental toughness training. Our players will become students of the game and learn the ins and outs of tennis. Players will be grouped by UTR

*Tennis Director approval is required*

### **6 Week Sessions (Session 1):**

\$270.00 Members/ \$330.00 Non-Members

### **4 Week Sessions : (Session 2)**

\$180.00 Members/ \$220.00 Non-Members

### **3 Week Sessions : (Sessions 3 & 4)**

\$135.00 Members/ \$165.00 Non-Members

Unlimited (Members Only): M/W/Th

Session 1 \$320/ Session 2 \$220/ Session 3 \$160

## USTA Champs/SuperChamps

Tuesdays 5:30-7:30

13-18 Years Old

For juniors 13 and older who are competing in USTA Champs/SuperChamp tournaments.

Class will focus on point play and strategy.

*Class by invitation ONLY*

**Class:** Members \$30.00

Non-members \$35.00

5:30-7:00 Tennis

7:00-7:30 Fitness (Phase 3 Fitness)

### Fitness Program

Balcones Tennis Academy is partnering with Phase 3 Fitness to offer tennis specific fitness for Champ/SuperChamp players 13+.



PHASE **3** FITNESS

## Private Lessons

Balcones Tennis Academy has a qualified staff of Tennis Professionals who are ready to take your game to the next level. Private lessons are the best way to make a significant positive impact in your game. If you are ready to make a commitment to tennis, we are ready to help you achieve your goals!

Ask about private lesson prices and availability.

**Registration:** Register online at [www.balconestennisacademy.com](http://www.balconestennisacademy.com) (Junior Page) or fill in the form below and mail to Balcones Tennis, 11210 Spicewood Club Drive, Austin, TX 78750

Student Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB \_\_\_/\_\_\_/\_\_\_

Parent Name: (Mom) \_\_\_\_\_ (Dad) \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Class (Circle One):    Future Stars                      Next Gen                      Grinders                      High Performance

Session (Circle One):    Session 1    Session 2    Session 3    Session 4    Full /Unlimited

BCC Account # (If applicable): \_\_\_\_\_                      \*\*Make checks payable to Balcones Country Club